

Woody Aths - Cross Country

Week:	Three
Date:	3rd May 2024
Location:	Haddon Lions Park

Woodyaths ran the Lions Park handicap over the weekend. Welcome to both new and past members.

Fastest times:

U6: Reggie C; u8: Theo E; u10: Declan E; u12: Jed B; u14: Sullivan M

Junior Handicap winners:

1st Dempsey M, 2nd Alyssa E, 3rd Lacey B

Senior Handicap winners:

1st Lucas E, 2nd Pippa W, 3rd Jed B

All results are displayed on our website: <http://woodyathletics.org.au/results/>

All runners go into the chocolate draw.

This weeks draw winners was Huon A.

Name	Age	Dist	Time	HCP	Race Time	VARS Time p/100m	4 Ways	Scratch Run
Alyssa E	u6	400	2.02	7.17	9.19	0.305	0.43	0.408
Brylee W	u6							
Lacey B	u6	400	2.14	7.26	9.4	0.335	0.505	0.385
Nate M	u6							
Reggie C	u6	400	1.53	7	8.53	0.283		
Aurora W	u8	700	4.44	5.45	10.29	0.406	0.45	0.365
Benji F	u8							
Evie C	u8	700	4.13	5.56	10.09	0.361	0.446	0.349
Lachlan H	u8	700	3.34	6.52	10.26	0.306	0.338	0.269
Theo E	u8	700	3.28	6.44	10.12	0.297	0.385	0.28
Annabelle F	u10							
Declan E	u10	1400	6.44	3.56	10.41	0.289	0.306	0.26
Dempsey M	u8	1400	8.18	2.49	9.07	0.27		0.308
Leroy B	u10	1400	6.55	3.34	10.29	0.296	0.31	0.276
Nellie W	u10	1400	8.34	2.1	10.44	0.367	0.457	0.336
Winter M	u10	1400	8.31	1.18	9.49	0.365		0.373
Fletcher M	u12	1940	9.49	21.57	31.46	0.304	0.311	0.28
Huon A	u12	1940	9.55	23.38	33.33	0.307	0.354	0.228
Jed B	u12	1940	9.14	21.53	31.07	0.286	0.286	0.292
Lucas E	u12	1940	10.14	20.37	30.51	0.316	0.354	0.321
Pippa W	u12	1940	11.34	19.24	30.58	0.36	0.359	0.359
Ava A	u14	3180	15.06	17.2	33.26	0.304	0.296	0.258
Ruby A	u14	3180	18.18	17.51	36.09	0.345	0.329	0.248
Sullivan M	u14	3180	13.15	18.49	32.04	0.25		0.23